## Rockland Council on Aging 317 Plain Street Rockland, Ma. 02370 Secretaries Report June 15, 2016

With a quorum (at least 7) present Chairperson Beverly Ladner called the meeting to order at 9:30.

## **Roll Call**:

Lorraine Ahern	P	Chris Kelley	P	Rita Howes	A	P
Jean Callahan	P	Beverly Ladner	P	John Rogers	A	P
Cynda Childs	Е	Audrey Ryan	P	Agnes Smith	A	P
Eleanor Cole	P	Patti Penney	Е			
Jack Conway	P	P Stonis (Vacant)				
Lu Crowley	P					

<u>Approval of Minutes from previous meeting</u> / <u>Secretaries Report</u>: Motion made by John Rogers to accept the secretaries report and seconded by Rita Howes

Old Colony Elder Services: Agnes Smith

- Discussion about Adcare Hospital
- Substance abuse in the elderly
- Review of the By-Laws for OCES

Old Colony Planning Council: Rita Howes

**<u>Financial Report</u>**: A motion was made by John Rogers to accept the report as read, seconded by Rita Howes - the vote was unanimous. Current balance: \$ 44,610.87 (There is \$1,719.00 earmarked for the Senior Olympics)

**Warrant Report**: The Bill Warrant was duly signed by all members present.

<u>Outreach Report</u>: A motion was made by John Rogers and seconded by Lu Crowley to accept the report.

- The 4<sup>th</sup> grade "Pen Pal" program was a great success again this year. More than 50 students from the Memorial Park School came to the Senior Center to finally meet their "Senior Pen Pals. Students were also very excited to meet Past Superintendent John Rogers.
- COA is still in need of volunteer drivers for Meals on Wheels.
- The Center had a presentation for "EFT Tapping" which discussed how "tapping on the body's meridian points" can help resolve blocks that hinder you physical or emotional recovery. Over 25 seniors attended and found the information to be very helpful.

<u>Director's Report</u>: Director Peggy requested that all members of the COA take the Ethics Exam on the Mass State Web Site and that upon completion members should print out the Certificate of Completion" and give to her ASAP. This is a state requirement and must be done by all members.

- The Town of Rockland is in the process of updating their Web Site
- The Pickle Ball Court at the Center needs to be repaved at a cost of \$4,000.00
- The School Department has agreed to allow 2 tennis courts on Taunton Ave to be repainted and used for Pickle Ball
- The vegetable garden at the center is thriving with small tomatoes and peppers already sprouting.
- The Town has approved a second part time receptionist for the Senior Center. Applications are being accepted and interviews will follow at the appropriate time. Starting pay is \$17.84/hour and the work week will be 18 hours.
- There was discussion on filling the vacancy made by the death of member Peter Stonis.
- A motion was made by John Rogers and 2<sup>nd</sup> by Rita Howes to cast one vote for slate of Officers for the upcoming year 2016-2017.
- The Ice Cream Social is scheduled for July 20th @ 12:45 PM
- The COA will have sign up for the K of C BBQ which is scheduled for July 23, 2016 starting on July 18, 2016.

The men's club is sponsoring a bus trip to Westport, Ma. For Wine Tasting and a luncheon at Whites Restaurant on July 30<sup>th</sup>, 2016. Maximum numbers of persons are 50

• August 24, 2016 the Men's Club is sponsoring a Golf Tourney at the Rockland Golf Course. Tickets include a

## BBQ dinner and entertainment by Bob Sylvia

- September 24, 2016 there will be a "Pig Roast" at the center. Hot dogs, hamburgers and corn chowder will also be served along with watermelon. Tickets will be \$25.00.
- The Annual dinner for the Golden Ages with be at the Rockland Golf Course this year.
- Dues of \$5.00 are due in September for the Golden Ages

With no further business a motion was made by Lorraine Ahern and seconded by Rita Howes to adjourn the meeting at 10:12.

Next meeting July 20, 2016 @ 9:30 AM

Respectfully Submitted,

Lorraine Ahern Secretary COA June 15, 2016